

SMASHED AVO ON TOAST ..6

SMASHED HASS AVOCADO SERVED ON TOASTED PAIN DE CAMPAGNE, WITH CHILLI FLAKES, CHIVES + FRESH LIME.

EGGS ON TOAST ..4.75

FRIED OR SCRAMBLED, SERVED ON BUTTERED PAIN DE CAMPAGNE.

EXTRAS:	SAUSAGES	2.5	MUSHROOM	2.2
	BACON	2	HALLOUMI	2
	TOMATO	1	HASH BROWNS	1.5
'SMOKIN' BROTHERS'	SMOKED SALMON	3.5	VEGAN PATTY	2
	AVOCADO	2	SPINACH	1.75
	EGGS	1.75		

RICE BOWLS OR WRAPS

MEXICAN SLOW COOKED BEEF

SPICY MEXICAN SLOW COOKED BEEF (BIRRIA) SERVED WITH GREEN RICE, WITH LIGHTLY PICKLED CARROTS AND FRESH HERBS.

WRAP 6.95 | RICE BOWL 6.95

JERK CHICKEN

OUR HOUSE SPICY JERK CHICKEN SERVED WITH GREEN RICE, CRUNCHY SLAW AND LIGHTLY PICKLED CARROT. (RICE BOX SERVED WITH PINEAPPLE-RUM SAUCE)

WRAP 6.95 | RICE BOWL 6.95

GRILLED HALLOUMI

GRILLED HALLOUMI, GREEN RICE, CRUNCHY SLAW AND SPICY MAYO. (RICE BOX CONTAINS BEETROOT + HUMMUS)

WRAP 6.95 | RICE BOWL 6.95

THE VEGAN ONE

HOMEMADE VEGAN PATTY, MADE FROM CHICKPEA, SPINACH, POTATO AND AUBERGINE, SERVED WITH CRUNCHY SLAW, LIGHTLY PICKLED CARROT AND COURGETTE, WITH OUR HOMEMADE GARLIC AIOLI. (RICE BOX CONTAINS BEETROOT)

WRAP 6.95 | RICE BOWL 6.95



SMOOTHIE / YOGHURT BOWLS

5.5

HONEY I BLENDED THE BERRIES

BLENDED FRESH BERRIES, BANANA, AGAVE, OATS AND SOY MILK TOPPED WITH GRANOLA

ORIGINAL NUTTER

BLENDED BANANA, PEANUT BUTTER, OATS, CACAO AND ALMOND MILK, TOPPED WITH GRANOLA

BERRY MY SINS

COCONUT SOY YOGHURT (VG) OR GREEK YOGHURT
FRESH BERRIES, SEEDS, AND HONEY TOPPED WITH GRANOLA

MORNING GLORY

COCONUT SOY YOGHURT (VG) OR GREEK YOGHURT
FRESH BANANA, SEEDS, DATE SYRUP AND CINNAMON. TOPPED WITH GRANOLA

WE USE GLUTEN FREE OATS & GRANOLA BUT CANNOT GUARANTEE THERE AREN'T STILL TRACE AMOUNTS OF GLUTEN

JUICES / SHAKES

LEAN GREEN OBVIOUSLY OREO (VG)

APPLE / CUCUMBER / MINT / LIME / PINEAPPLE
BECAUSE...OREOS.
W/SOY MILK & DAIRY-FREE VANILLA ICE CREAM.

ENERGY

MELON / APPLE / STRAWBERRY / MINT

SUNRISE

CARROT / ORANGE / GINGER / LEMON CHILLI / CAYENNE

£5

£5.5

DULCE + BANANA

BANANA, DULCE DE LECHE, PEANUT BUTTER + ALMOND MILK

6 WING PIECES + SIDE

PICK YOUR FLAVOUR AND YOUR SIDE!

EITHER: SUPER SPICY/HONEY & SESAME/SWEET SOY GLAZE
WITH: FRIES / CRUNCHY SLAW / MIXED LEAF SALAD 7.95

3 TENDERS + SIDE

PICK YOUR FLAVOUR AND YOUR SIDE!

EITHER: SUPER SPICY/LEMON + PARMESAN/SWEET SOY GLAZE
WITH: FRIES / CRUNCHY SLAW / MIXED LEAF SALAD 7.95

BURGER + SIDE

PICK YOUR BURGER AND YOUR SIDE!

EITHER: CHEESEBURGER / FRIED CHICKEN BURGER
/ VEGAN BURGER
WITH: FRIES / CRUNCHY SLAW / MIXED LEAF SALAD. 8.95

SALADS

SMOKED SALMON SALAD

SMOKIN' BROTHERS SALMON W/MIXED LEAVES, AVOCADO, CUCUMBER, RED PEPPER, MIXED SEEDS, HOUSE VINAIGRETTE
7.25 / 12.25

JERK CHICKEN SALAD

W/MIXED LEAVES, PINEAPPLE-RUM SAUCE, JALAPENOS, CANCHA CORN, CUCUMBER, RED PEPPER, MIXED SEEDS, HOUSE VINAIGRETTE
6.75 / 11.75

HALLOUMI SALAD

W/MIXED LEAVES, SMOKED CHILLI JAM, CUCUMBER, RED PEPPER, MIXED SEEDS, HOUSE VINAIGRETTE
5.75 / 10.75

SALAD EXTRAS

£3.5 DOUBLE PROTEIN
£3.75 ADD SMOKED SALMON
£2 ADD CRISPY BACON
£2.2 ADD HALLOUMI
£2 ADD AVOCADO

ANY ALLERGIES?
LET US KNOW!
NOT ALL INGREDIENTS
MAY BE LISTED.